

How to Hear God's Voice #7

"Slow Down and Chew"

selected Scriptures

The Need for Meditation

Our hectic l_____ reveals the need for meditation.

Mark 6:31 - Jesus said, "Come apart and r_____."

Psalm 1:2 - We are to m_____ on God's Word day and night.

Joshua 1:8 - Meditating on God's Word makes us p_____.

Psalm 48:9; 77:12; 119:15; 143:5 - M_____ on His Word.

The Nature of Meditation

Meditation means to f_____ one's thoughts on, to r_____ on, or
to p_____ over.

Eastern meditation tries to e_____ the mind; Christian meditation
tries to f_____ the mind.

Luke 11:24-26 - Emptying the mind can be d_____!

Meditation is like a cow chewing its c_____.

Meditation requires q_____ time versus busy time.

Meditation is q_____ instead of q_____.

The Nurture of Meditation

Christian meditation emphasizes changed b_____ as a result.

Meditation is the training ground for w_____ and i_____.

Meditation sifts the h_____ of sins we may not be aware of.

Meditation accelerates o_____.

Meditation gives us greater p_____ and b_____.

Revelation 3:20 - Jesus longs for us to c_____ with Him
daily. Meditation is a great way to do this.

Word Search - Joshua 1:1-9

H	L	T	T	B	M	I	N	U	M	V	B	O	O	K
L	L	F	N	O	T	C	I	A	E	N	B	C	S	F
A	E	Y	S	A	U	K	G	G	D	A	T	B	T	T
L	A	E	A	Y	V	W	H	N	I	E	G	E	R	E
C	S	C	S	D	H	R	T	R	T	P	T	W	O	R
C	A	G	O	U	E	S	E	V	A	E	H	H	N	R
T	O	R	N	U	O	G	S	S	T	T	G	E	G	I
N	R	M	E	I	R	R	A	M	E	U	I	R	M	F
H	E	A	M	F	H	A	E	R	H	R	R	E	O	I
H	E	T	P	A	U	T	G	P	U	N	Y	V	U	E
V	V	M	T	E	N	L	Y	E	S	O	F	E	T	D
E	A	Y	O	I	D	D	O	R	O	O	C	R	H	C
R	G	D	M	R	R	H	E	B	E	U	R	S	D	G
Y	U	C	U	I	F	W	L	D	E	V	S	P	I	O
S	U	C	C	E	S	S	F	U	L	Y	E	I	H	D

BOOK

CAREFUL

COMMANDED

COURAGEOUS

DEPART

DISCOURAGED

EVERYTHING

FROM

GAVE

LEFT

MEDITATE

MOSES

MOUTH

NIGHT

OBEY

PROSPEROUS

RIGHT

SERVANT

STRONG

SUCCESSFUL

TERRIFIED

TURN

VERY

WHEREVER

WRITTEN

Meditation on the Bible is a
good thing



*His delight is in the law of the LORD,
and on his law he meditates day and
night.
(Psalm 1:2)*

Slow Down and Chew



*I remember the days of long ago; I meditate
on all your works and consider what your
hands have done.
(Psalm 143:5)*